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ST. JOHN SCHOOL

Try a mindfulness meditation with <a href="#">MyLife</a> or another app	Baila "Merengue"! Watch video <a href="#">here</a>	Do 15 burpees!	Make a list of 3 books to read this summer. Put at least 1 on hold at the Seattle Public Library!	Pray a decade of the rosary
Call a friend and play a card game!	Go on a scavenger hunt and look for things that start with each letter of the alphabet. Take a photo of each	Start diving into a book that you have been meaning to read	Do <a href="#">this</a> gratitude exercise	Think of one thing you want to improve in math. Go to Kahn Academy and watch a video to improve
Complete <a href="#">this</a> 8 - minute abs video!	Find and read three poems. Record yourself reading one and make a virtual background to match		Do something nice for a neighbor	Read one chapter of a book. Read one chapter of another book. How are they similar? How are they different?
Find a creative spot to read for at least 30 minutes. (e.g., treehouse, under the table with lots of pillows, etc.)	Make art! Paint or draw something outside. Take a photo and share it with someone	Find a short play online. Send it to friends and read the script over the phone	Write a thank you card to someone in your life	Research a topic that interests you. What are three new things you learned?
Go on a bike ride or walk!	Write positive messages on sticky notes and put them in random places	Organize a bookshelf. How will you arrange your books? By color? Size?	Research 3 colleges that you may want to attend. Write down why you would want to go there	Redesign a book cover of one of your favorite books using <a href="#">canva.com</a>